

SCOTLAND NORTH DISTRICT RELAY CHAMPIONSHIPS

Forres

MORAY Road Runners took three of the four titles although their senior women, champions in 2003, had to settle for third.

M50 veteran George Sim set up a clear lead for Moray over their main rivals on the opening senior men's leg and the Elgin-based team were never seriously challenged thereafter as fellow veteran Martin Flynn and Brian Foreman maintained their lead to hand over to improving junior Andrew Clark on the anchor leg.

Clark responded to the challenge of Forres Harriers' junior fell-running international Kyle Greig, who clocked the fastest time of the race, by producing the second-fastest lap and losing only eight seconds to finish 23 seconds ahead. Down the field former international Alan Reid, who had summoned probably the entire remaining membership of Peterhead AAC to field a team, clocked the third best time.

Eleanor Reid produced the fastest women's time as she led off Inverness Harriers and this decided which of the two Harriers teams won. Katie Boocock and Susan Blackwood were slightly slower than their respective B-team rivals but were still 53 seconds ahead at the finish with defending champions Moray 30 seconds further back.

Moray retained both the young athletes' titles. Scottish U17 800m record-holder Mark Mitchell's fastest leg of the boys' race was not enough to bring Forres to within striking distance of Moray while U15 Chantel Clark's fastest girls' lap could only

help Elgin into third place.

Men (4x2.5M)

1 Moray RR 59:39 (G Sim 14:56, M Flynn 15:27, B Foreman 15:00, A Clark 14:16); 2 Forres H 30:02 (A Ross 15:19, D Adam 15:24, P Rogan 15:11, K Greig 14:08); 3 Inverness H 62:22 (S MacKenzie 15:17, S Worsley 15:30, B Skinner 16:12, T McWilliam 15:23); 4 Forres H B 63:52; 5 Keith & District 65:37; 6 Peterhead 66:10; 7 Inverness H B 69:33

Fastest: Greig 14:08; Clark 14:16; A Reid (P'head) 14:50; Sim 14:56; Foreman 15:00; Rogan 15:11

Young athletes (U13, U15, U17; 3x1.5M)

1 Moray Road Runners 31:12 (S Miller 10:55, K Wilson 10:14, C McRae 10:03); 2 Forres H 32:17 (M Grant 12:27, M Hester 11:04, M Mitchell 8:46)

Fastest – U13: Miller 10:55; Grant 12:27

U15: Wilson 10:14; Hester 11:04

U17: Mitchell 8:46; McRae 10:03

Women (3x2.5M)

1 Inverness H 57:12 (E Reid 17:44, K Boocock 20:02, S Blackwood 19:26); 2 Inverness H B 58:05 (J Main 19:25, D Heyer 19:43, L Bennie 18:57); 3 Moray RR 59:35 (E Laird 20:07, S Houston 19:31, D Hardie 19:57); 4 Forres H 59:57; 5 Moray RR B 68:25; 6 Forres H B 72:51

Fastest: Reid 17:44; Bennie 18:57; Main 19:25; Blackwood 19:26; Houston 19:31

Young athletes (U13, U15, U17; 3x1.5M)

1 Moray RR 34:39 (L Tonge 12:02, L Sharp 11:31, J Houston 11:06); 2 Inverness H 37:03 (L McLeod 12:21, C MacArthur 12:18, J Bannerman 12:24); 3 Elgin 39:14 (J Knox 15:05, C Clark 11:01, K Anderson 13:08); 4 Moray RR B 41:04

Fastest – U13: 1 Tonge 12:02; 2 McLeod 12:21; 3 Knox 15:05

U15: 1 Clark 11:01; 2 Sharp 11:31; 3 MacArthur 12:18

U17: 1 Houston 11:06; 2 Bannerman 12:24; 3 Archibald 13:08